# COUNTY COUNCIL OF THE COUNTY OF STIRLING

(16)



Twenty-First

# ANNUAL REPORT

on

# MEDICAL INSPECTION OF SCHOOL CHILDREN

by

T. ADAM, M.A., M.D., D.P.H. (Camb.)
Chief School Medical Officer

YEAR 1930-31

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# County Council of Stirling.

# MEDICAL INSPECTION STAFF

School Medical Officer-

THOMAS ADAM, M.A., M.D., D.P.H. (Camb.)

# Assistant Medical Officers-

JOHN S. FINDLAY, M.B., C.M., D.P.H. MARGARET T. RUTHERFORD, M.B., Ch.B., D.P.H. CHARLES M. WHITEFORD, M.B., Ch.B., D.P.H.

(Resigned 8/11/30.) ANN G. LEARMONTH, M.B., Ch.B., D.P.H. (Appointed temporary assistant 10/11/30 to

22/1/31.) JOHN RIDDELL, M.B., Ch.B., D.Р.Н. (Appointed 2/2/31.)

# School Nurses—

MARGARET ADAM. RUTH M. DOUGHTY. JESSIE M. HOPKINS (resigned 28/2/31). FLORA M'INNES. MARY DICKSON (appointed 7/4/31).

# Clerks-

MARGARET NICOL. MARGARET GALLOWAY (Dental Clinic). PATRICIA ROBERTSON (Dental Clinic).

Oculist (part-time)—

JOHN GILCHRIST, M.D., 2 Somerset Place, Charing Cross, Glasgow.

# Dentists—

ANDREW P. M. M'QUEEN, L.D.S., Science and Art School, Falkirk. JOSEPH SHEARMAN, L.D.S., County Buildings, Stirling. JAMES W. SOMERVILLE, L.D.S., R.C.S. (part-time), 4 Viewfield Place, Stirling.

> STIRLING: M'INTYRE & PEARSON, 9 Barnton Street.

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# COUNTY COUNCIL OF STIRLING

# TWENTY-FIRST ANNUAL REPORT

on

MEDICAL INSPECTION OF SCHOOL 1930-31.

COUNTY BUILDINGS, STILL

The present Report on the Medical Inspection of of School Children in Stirlingshire is for the period from

Ist August, 1930, to 31st July, 1931.
In the School Medical Inspection Staff there were two changes during the school year. Dr. Whiteford left to become Depute Medical Officer of Health of Paisley, and Dr. Learmonth was appointed interim assistant until Dr. Riddell succeeded to the post vacated by Dr. Whiteford at the beginning of February. In February also Nurse Hopkins left the service to be married, and was succeeded by Nurse Dickson.

With regard to the suggestion by the Department of Health as to an increase in the Staff, action was considerably deferred, and the suggestion was only given effect to after the school year, there being appointed an extra

medical assistant and two extra nurses.

In addition to the usual routine age groups examined the visual acuity of children of seven years of age was

also tested as in former years.

The number of schools in the County coming under the Scheme of Medical Inspection is 90, the number of children on the Register being 28,868, and the average attendance 26,407.

The following is a note of the number of visits paid to schools for systematic examination in accordance with

the Scheme of Medical Inspection: —

Dr.	Findlay	197
Dr.	Rutherford	223
	Whiteford	61
	Learmonth	38
Dr.	Riddell	83

602

The number of special visits to schools for purposes other than routine inspection was:—

Dr.	Findlay	28
Dr.	Rutherford	38
	Whiteford	3
	Learmonth	2
Dr.	Riddell	28
		99

DEFECTIVE AND INVALID CHILDREN.—The Special Schools or Classes for Defective Children will be dealt

with at a later part of the Report.

DIARY SHEETS.—From the Diary Sheets made out fortnightly by the Assistant Medical Officers, the following table has been prepared showing the number of routine and non-routine examinations made throughout the year, together with the total time occupied and the average time taken to the examination of each child.

# SUMMARY OF DIARY SHEETS.

Inspector.	Routine Examination.	Non-Routine Examination.	Time Occupied.					
Dr. Findlay Dr. Rutherford Dr. Whiteford Dr. Learmonth Dr. Riddell	2365 3281 1018 585 939	1488 1724 152 105 1143	Hrs. 470 556 147 92 209	Mins. 30 45 30 30				
Total,	8188	4612	1476	15				

Average number of children examined per hour:—8. Average time taken to examination of each child:—7.5 minutes.

SANITARY CONDITIONS OF SCHOOLS.—Last year's Report mentioned that at Shieldhill School it was the intention of the Committee to instal water-closets whenever the new Drainage Scheme for the Village had been completed. The Drainage Scheme has now been completed, and Mr. Malcolm informs me that the water-closets will be installed and connected up to the drainage at an early period.

Slamannan School was in the same position as Shieldhill, and there also a new Drainage Scheme was being installed. The existing water closets at

Slamannan School had formerly been drained to a cesspool, but now the drainage of the whole School is taken direct to the new sewer.

It is interesting also to record that electric light has now been put into Wallacestone, East Plean, Cowie R.C. Schools, and the new temporary class-room accommo-

dation at Airth.

It will be remembered that in former reports the condition of the school playgrounds was referred to. During winter weather, and especially after rain and frost, they were often in a very disagreeable condition. The Committee quite appreciate the fact that the playgrounds leave much to be desired, but there is the question of expense involved. However, last year a grant of £9300 was obtained from the Unemployment Grants Committee to help in the work of tar macadamising the playgrounds throughout the County which were in urgent need of repair.

In all sixty-one playgrounds were thus covered with an impervious surface. The work was commenced in June and completed by the 31st August, and was meant to relieve the unemployment in distressed areas. There are in the County ninety schools. It may be said that the playgrounds of schools built within the past five years, such as Riverside and the new High School, Falkirk, did not require to be treated, as the surfaces there

were made impervious from the first.

This method of treating the playgrounds is more or less continuously going on, the worst naturally being taken first.

SCHOOL CLOSURE. — It is satisfactory to record that throughout the year no school or part of a school required to be closed because of infectious disease.

FIRST AID APPLIANCES FOR USE IN SCHOOLS.—A supply of these appliances is kept at the County Buildings and served out to the Head Teachers on request. Their usefulness in such minor accidents as happen so often among school children is widely recognised, so that the requests for them are more numerous than ever.

ORGANISATION AND ADMINISTRATION.—Full details of the Scheme of School Medical Inspection have been given in former reports and how the various staffs are coordinated. Under the new regime the ideal has been kept in view of the unification of the various branches in the Public Health Staff acting as they now are under the Public Health Committee of the County.

ATTENDANCE OF PARENTS AT MEDICAL INSPECTION. — The percentage of parents at the Medical Inspection of the children was 32.1, the highest on record. In last report the percentage was 29.4, and on the two previous occasions 28.04 and 23.3 respectively. Such an increase can be taken as indicating that the parents are more and more appreciating the benefits of School Medical Inspection.

The total numbers of children examined at the various age groups during the year were:—

5 year	old	boys			 1459
5 year					 1470
9 year					 1441
9 year	old	girls			 1438
13 year	old	boys			 1100
13 year				• • •	 1001
16 year					 126
16 year	old	girls			 93
-					
Total		• • • •			
Special (	Case	s examin	ed		 4612
			_		
Total nu	ımbe	er of child	dren ex	kamined	 12800

It will be noticed that the number of Special Cases is fully one-half of the routine cases, but the number of Special Cases is largely due to the examination of the eyes of the seven age group, these being included in the Special Cases.

Number o	f Notices sent.
1345	16.4%
336	
1681	
	1345

In connection with the \$188 children examined in Routine Inspection, 1345 notices were sent to parents regarding some condition requiring attention, while 336 similar notices were issued in connection with the 4612 Special Cases.

# AMELIORATION OF DEFECTS.

The following three tables show what has been accomplished in the way of amelioration with regard respectively to Defective Vision, affections other than Defective Vision, and Verminous Conditions. The results are given in these tables as formerly for each parish, showing the number who have received attention either at the hands of the oculist, medical attendant or otherwise. As has been pointed out before, these cases require a great deal of individual attention, especially on the part of the Nurses, who in many cases have to make repeated visits to the homes before the desired results are obtained.

# AMELIORATION TABLE—EXCLUDING DEFECTIVE VISION.

AMELI	ORATI	ON	T.	AB	LE	]	-E.	X(	CLU	JD	IN	G ]	DE	EF	E	C1	ΓI.	V	=	V.	IS	10	N.
No. of	visits paid by Nurses.	20	101	38		,0 -4t	'	294	134	:	59	124	21		70-	88	-	100	145	<u>5</u> 2	90	21	1441
No. of	defects reported to Nurse	55	1 m	27.5	88	ব ব	4	375	196	:	70	138	G1	::51	11	11.	15	138	135	151	77	*	1755
No. of	children reported to Nurse.	20	101	38	61	ლ ⊲	H	388	118	:	59	110	7	: 5	100	ñ 76	- 62	76	192	138	99	23	1427
VARIOUS.	Promised to get Treatment	:-	4 :	::	10	:	•	24	14	:	:	0 0	7	: 0	70	: 6			÷	-	ខា	:	108
VAR	Treated.	23	::	; es	15		•	100	34	•	11	35	7	: 5	2 6	ر چن م	3 01	÷	17	55	9 9	:	70.7
s, s	Promised to get Treatment	:	: :	1.9	14	_		P-4	11	:	:	:	:	:6	20	:0	1	• •	୍ଦୀ -	10	:	•	80
EARS.	Treated	-	: :	: eo	41	:-	4	24	23	•	<b>-</b>	16	:	: 1	9	: 2	01	: ==	<u> </u>	9	7	:	136
HEART.	Treated.	:	: :	:	:	:	:	11	10	:	:	70	:	:	:	:	•	: 0	1 ;	:	-	:	29
OIDS	Promised to get Treatment	*	: ~	13.	19	-	:	31	18	:	1	ಣ		::	61	:0	0	:=	. 4	×	1	2	141
ADENOIDS	Treated.		:-		۱	•	•	35	17	•	,	91	:	: '	©1	: -	- T	10	્ર -	. 4	ū	•	114
Tonsils.	Promised to get Treatment	· .		21	283	<i></i> c	 	66	51	•	:	1-	:	: :	44	4 6	000	0 -	. 9	25	4	<b>01</b>	441
Ton	Treated.	10		: 67	: 01	-	:	09	00		57	56	3 :	•	<u>.</u>	61 }	<u>.</u>	0 80	) (P	23	22	0 0	333
	District.	Airth	Baldernock Balfron	Ξ	Denny	Dunipace	Drymen Falkirk	(Burgh)	Falkirk (Landward)	Fintry	Grangemonth (Burgh)	Grangemouth (Landward)	Gargunnock	Killearn	Kilsyth	Kippen	Larbert	Logie	St Niniana	Stirling	Slamannan	Strathblane	Total

AMELIURA	7 1 1		. "	1.	£ 3.	יים							1 ر	. 1	V I		*	T ~	, 1	0,	LV.			- 1
No. of Visits paid by Nurses	48	0 [	- G	102	122	33	ଦେ	1024	246	976	449	~ <del>-</del>	4	374	180	146	37	130	993	419	70	76	OT	3849
No. of Children who failed to attend Clinic.		:		: 67		o 0	_	10	2		: c	ז	:	: 9	20	60	c	10	=	1.	7 7	:	:	55
No. of Children otherwise treated.	00	:0	4	: °	7	:		98	35		1 ea	3	:	.6	1	15	0	16	10	33	10	0.1		319
No. of Children for whom glasses were pre- scribed.	13	್ ಇ	4. C	200	4	1 10	)	288	72	: 2	0/	150	<b>-</b>	:51	001	457	16	16	117	197	151	50	<b>-</b>	1161
No. of Children treated by own Oculist.	:	: -	ਰੀਜ		4	•		66	00	: <	n r	9			-	. [	- 6	٦,-		# 0	202	:	22	98
No. of Children whose parents refused treatment or had left distriet.	67		-	: 61	S S	1	-	30	60	: 4	0 0	9	:	: 9	⊃ m	. 10	ာင	7 -	1 [		30	23	:	130
No. of Children waiting visit of Oculist.		_	•	::	1	d 0 0		251	60	: 0	900	70		: -	D =	2 12	000	: *	# E	77.	13	:	:	488
No. of Children notified by School Medical Inspectors	23	<u>:</u> ع	Ι,	ಣಕ್ಷ	# 0 Y	102	- 6	700	126	: 1	167	216	<b>-</b>	: Q	150	001	120	4.0	000	501	247	47	9	2297
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DISTRICT.				:	:	:	*	:	dwarc		Barl	(Lan	:		:		:	:	e,	:	:	:	:	:
	Airth,	Baldernock,	Balfron, .	Buchanan,	Campsie,	Denny,	Dunipace,	Drymen.	Falkirk (Landward),	Fintry,	Grangemouth (Burgh',	Grangemouth	Gargunnock,	Killearn,	Kilsyth,	Kıppen,	Larbert,	I ogie,	Muiravonside,	St. Ninians,	Stirling.	Slamannan,	Strathblane,	Total,

# AMELIORATION TABLE—VERMINOUS CHILDREN.

District.	No. of Children	No. of Visits.	No. Cleansed.	No. Improved.
Airth	10	11	9	1
Baldernock				
Balfron				
Buchanan				•••
Campsie	2	4		2
Denny	20	45	6	14
Dunipace	6	12	6	• • •
Drymen	1	2		1
Falkirk (Burgh)	28	53	13	15
Falkirk (Landward)	6	6	2	4
Fintry			•••	
Gargunnock	1.00			
Grangemouth (Burgh)	41	41	39	2
Grangemouth		0	8	
(Landward)	8	8		•••
Killearn	1.0	36	14	2
Kilsyth	16	30		. 2
Kippen	,	2	i ii	
Larbert	1	2		***
Logie	i	i	1	
Muiravonside	3	4	3	
Slamannan	63	72	21	41
St. Ninians	98	121	39	59
Stirling	3	6	3	
Stratliblane	9			
	307	424	165	141

Dr. Gilchrist, the Specialist from Glasgow, as previously, has done by far the greater proportion of the work in connection with defective vision. Dr. Rutherford and Dr. Riddell also gave a proportion of their time to this work, amounting on an average to half a day per week. The two chief centres are at Falkirk and Stirling. In both places the accommodation provided is quite good, especially the accommodation at Stirling in the old Royal Infirmary buildings. The two rooms which have been set aside in Falkirk for dental and eye treatment were very suitable, but unfortunately one of the rooms has been required for special classes. It may be said that quite recently Mr Coutts Morrison suggested that it might be more convenient for treatment purposes to have our treatment centre somewhere else in Falkirk, because the whole of the accommodation in the Science and Art School is required for education purposes. result has been that suitable rooms in the County Offices in Falkirk have been allotted through the Property and

Buildings Committee to this work, and when these have been properly fitted they should be very convenient indeed, especially because of their central position.

As in former years, Kilsyth Academy and Lennoxtown Public School serve as centres for their respective surrounding districts. In the Western district generally, however, owing to its population being so scattered, it is not possible to have one school to serve the whole area as a centre, the result being that Dr. Gilchrist as in former years makes a tour of the area, and uses certain schools as subsidiary centres.

## CLOTHING.

No. Examined.	insufficient	No. having ragged Clothing.	Clothing.
Boys	2	2 1	3
Total Routine 8188 Percentages	.02	3.03	3.03
Special Cases	2	3	6

The foregoing table shows that of the 8188 children examined on routine inspection only 2 were found to have insufficient clothing, 3 with clothing which was ragged, and 3 with clothing dirty, a total of 8 as compared with 10 last year. The number of special cases that had to be dealt with was 11, as compared with 13 last year. These favourable results are in a good many cases no doubt due to the efforts of the Education Committee and of the Public Assistance Committee in providing clothing where the cases are found to be necessitous.

# FOOTGEAR.

No. Examined.	No. with unsatisfactory footgear.
Boys	7
Total Routine 8188 Percentages	.08
Special Cases	

The number found with unsatisfactory footgear on routine inspection was only 7, as compared with 10 last year, and again this favourable result is probably due to the necessitous cases receiving the attention of the Education and Public Assistance Committees.

# AVERAGE HEIGHT AND WEIGHT.

# HEIGHT IN INCHES.

	Averages Ages.	5 6-12	8 8-12	13 4-12	15 8-12
Boys	Stirlingshire	41. 7	48.4	56.8	64.5
	,, 1929-30	41. 9	49.1	57.2	64.7
	Standard	41.03	47.5	56.6	62.6
	Averages Ages.	5 7-12	8 6-12	13 4-12	15 6-12
Girls	Stirlingshire	41. 8	48.2	58.2	62.4
	,, 1929-30	41. 7	48.6	57.9	62.2
	Standard	40. 7	46.6	56.2	60.9

# WEIGHT IN POUNDS (AVOIRDUPOIS).

	Averages Ages.	5 6-12	8 8-12	13 4-12	15 8-12
Boys	Stirlingshire	41.6	57.1	\$4.3	117.6
	,, 1929-30	41.1	56.5	\$5.7	119.2
	Standard	39.9	55.8	\$2.7	105.4
	Averages Ages.	5 7-12	8 6-12	13 4-12	15 6-12
Girls	Stirlingshire	40.3	53.8	\$7.1	105.5
	1929-30	40.4	54.2	87.4	110.7
	Standard	39.4	52.1	85.4	106.3

The above tables show the average height and weight of the pupils examined at the various age groups in routine inspection for the year under review. These may be compared with the figures given for 1929-30, and also with the standard figures for the whole country. These standard figures are based on the report of the Royal Commission on Physical Training (Scotland), tables XVI. and XVII. of which show the average stature (without shoes) at all ages of different classes of the population of Great Britain, and tables XVIII. and XIX. of which show the average weight (including clothes) at all ages of different classes of the population of Great Britain. The tables bring out the interesting point that

at the corresponding ages the Stirlingshire children are generally speaking not only slightly taller but also slightly heavier, the difference being greatest in the height and weight of the boys at the highest age, namely 15 8/12 years.

# CLEANLINESS OF HEAD AND BODY.

Number Examined.	H	lead		Boo	ly
Adminet Examined.	Dirty	Nits	Vermin	Dirty	Vermin
Boys		20 573	2 16	8 10	1
Total Routine 8188 Percentages		593 7.24	18 .22	18 .22	1.01
Special Cases	3	44	15	10	10

For years, as a result of our Medical Inspection, the figures indicating cleanliness of the head and body have consistently shown improvement. While the improvement on the old conditions was very marked indeed at the beginning, it is to be noticed that the percentage improvement has not been so great of late. On a study of the figures as compared with last year, it is seen that while the number with nits has somewhat increased, the number with actual vermin shows a decrease, as has also the number with dirty heads and bodies. There is no doubt that we have not yet arrived at a point where our efforts can be slackened in any way.

# CONDITION OF SKIN.

The figures with regard to the condition of the skin show general improvement except in the case of scabies, 24 cases of that skin trouble being discovered as against 10 last year, in addition to 11 which were found in special cases. It will be noticed also that the special cases number 111. That is largely as a result of the teachers being more keenly alive to the matter of having these skin troubles treated, and most of them have been brought to the notice of the medical assistants or health visitors.

CONDITION OF SKIN.

	Others	39	94	F61
Boby	Scabies	12	2.29	1
Bc	Impetigo	222	44	45
	Ringworm	21.2	e 80.	-
	Others	9	26	14
HEAD	Impetigo	133	26	
	Ringworm	::5	20.	2
No. Examined		30ys 4126 3irls 4062	Total Routine 8188 Percentages	Special Cases

Number Examined	Above Average	Average	Below Average	Very Bad
Boys		1318 1537	46 83	
Total Routine 8188 Percentages		2855 34.8	129 1.6	
Special Cases				

The figures with regard to nutrition must be regarded as extremely good, the percentage above the average being 63.6, 6.2 higher than last year, while the number below the average is the same, namely, the low figure of 1.6 per cent. No special cases were brought before the notice of the Medical Inspectors.

In January of 1931 I was asked by the Education Committee to submit a report on the physical condition of the school children in Stirlingshire. The results are of sufficient importance to be given at the end of this report

(page 41).

TEETH.

Number Examined	Sound	1-4 decayed	5 or more decayed	Oral Sepsis
Boys 4126 Girls 4062	1395 1302	1919 1846	812 914	• • •
Total Routine 8188 Percentages		3765 45.9	1726 21.1	***
Special Cases			4	• • •

The figures with regard to sound teeth are 2.1 per cent. higher than last year, while the percentage of those with five or more decayed is exactly the same. The results therefore show improvement.

# DENTAL TREATMENT.

The Dental Staff was unchanged throughout the year, Mr. Shearman being engaged mostly in the Central and Western portions of the County, and Mr M'Queen in the Eastern portion, while Mr. Somerville, the part-time dentist, is engaged among the children of Stirling Burgh. The following three tables show the work which has been accomplished by the three dentists, Mr. Somerville, Mr. M'Queen and Mr. Shearman respectively:—

ANNUAL REPORT BY Mr. SOMERVILLE, School Dentist, from August, 1930, to June, 1931.

i,	-	No. of	No. of Children	No. of	No. of Extractions.	tractions.	No. of Fillings.	fillings.	. 6		
School.		Children Inspected.	Children Requiring Inspected, Treatment.	Children Treated.	Temp.	Perm.	Temp.	Perm.	Dressings.	Scalings.	
Allan's	:	738	564	92	167	18	:	47	15	က	
Craigs	:	250	208	37	64	10	:	20	9	က	
Episcopal	:	327	271	35	57	œ		27	<del></del>	:	10
:	:	405	263	39	4	133	*	41	61	<del>,</del> -	
Primary	:	279	191	26	35	ec		30		<b>ତୀ</b>	
Riverside	:	635	442	74	98	22		47	က	:	
St. Mary's R.C.	:	456	383	113	569	49	:	93	-	, 10	
Territorial	* *	833	658	149	197	90	:	116	ī.	C	
		3,023	2,980	565	891	156	:	123.	<del>.</del>	233	
The state of the s		and the state of t	and other particular and the same		-	The same of the sa	ordering and department of the particular		and the second s		

ANNUAL REPORT BY Mr. M'QUEEN, School Dentist, from 26/8/31 to 25/6/31.

Name of School.	No. of Inspected.	No. of Children Bequiring	No. of Children Accepling	Extra	Extractions.	Fills	Fillings.		Other Work	
	Children	Treatment	Treatment.	Temp.	Perm.	Temp.	Perm.	Scalings.	Dressings.	Other Treatment.
Avoubridge	133	111	53	2.0	30	1	36	GI	4	
Blackbraes — California	215	179	23	85	34	21	01 01			
Bonnybridge	**	385	180	298	54	က	76	01	200	
Broomhill	36	31	<del>+</del> 1	67	က	03	r3			
Camelon	775	650	184	560	50	11	22	কা	13	
Carmuirs			3	62	21	21	31		10	
Comely Park	893	286	297	360	132	+	149	1	35	
Drumbowie	355	271	121	226	96	5	81	1	4	
Falkirk High	362	738	143	63	43	10	197	4	10	
Grangemouth High	506	1+1	36	<del>+</del> 67	¢1	•	48	1	ଦୀ	
Larbert Central	829	247	191	245	74	11	127	-	00	
Larbert Village	386	332	144	188	55	00	94	7	_	
Do. (Special Classes)	91	36	16	15	6		12	က	1	
Limerigg	94	55	25	45	4	1	12	:	1	
Maddislon	364	303	124	205	51		51	ಌ	C)	
Muiravonside	108	88	֏	-#- L'-	12	1	61	*	•	
Polmont monto	117	103	17	25	11		13	•	4	•
Redding H.G	305	225	99	233	69		<del>1</del> 9		1	:
Redding Village	139	129	56	49	20	ଫା	11		c1	-
Shieldhill	259	204	133	103	41	_	40		6	
Slamannan	415	327	160	203	84	9	101	3	4	
Torwood	27	10	9	21		•				0
Wallacestone	365	305	128	194	36	00	2-2		1	
Non-Routines	:		15	39	-1		ಣ		:	:
	7260	5959	2255	2897	923	88	1367	30	136	

# ANNUAL REPORT BY Mr J. SHEARMAN,

Scho	OOL.			No. of Children Inspected.	No. of Children Requiring Treatment.	No. of Children Treated.
Airth				247	181	72
Arnprior				52	35	11
Auchentroig				16	8	1
Balfron				239	146	34
Baldernock				98	53	30
Bannockburn				557	344	63
Bannockburn R.C.		• • •		232	134	53
Banton			• • •	56	34	7
Banknock				45	15	20
Bridge of Allan	• • •	• • •		201	157 59	62
Buchanan	• • •		* * *	102	63	25 15
Buchlyvie	• • •	• • •	• • •	149	100	$\frac{1.5}{32}$
Cambusbarron	• • •	• • •	* * *	21	18	8
Campsie Glen	• • •	• • •	* * *	109	61	24
Causewayhead Castlecary	• • •	• • •	• • •	39	21	7
Chapelgreen	• • •	• • •	• • •	186	119	48
Cl ·	• • •	• • •	• • •	369	195	28
Cowie R.C	• • •	• • •		187	95	27
Denny H.G		• • •		687	479	162
Denny R.C				203	153	74
Dennyloanhead	• • •	• • •		180	106	51
Dundas		• • •		419	271	97
Dunipace				229	181	51
Drymen				85	53	27
Fallin				313	190	50
Gargunnock				113	85	12
Grange				438	299	132
Grangemouth Infa				254	137	73
Grangemouth R.C.				121	71	24
Inversnaid				13	9	6
Killearn				1019	60	31
Kilsyth Academy	• • •	• • •	• • •	288	647 176	185 69
Kilsyth R.C.		• • •		101	51	17
Kippen	• • •	* * *	• • •	519	340	\$2
Lennoxtown			• • •	429	221	96
Lennoxtown R.C.	• • •	***	• • •	276	161	61
Longeroft Milton of Campsie	• • •	* * *	• • •	304	195	63
M	• • •	* * *	• • •	13	10	
Dl	• • •	***	• • •	324	209	44
Sauchie		• • •	• • •	40	16	6
South Alloa		***		48	38	12
St. Ninians				366	257	44
Strathblane				118	83	23 36
Torrance				174	116	36
West Plean				28	14	5 8
Whins of Milton				65	33	8
Zetland		9 8 6		315	222	83
				10,590	6,721	2,191

School Dentist, 27th August, 1930, to 25th June, 1931.

Number of 1	Extractions.	Number o	of Fillings.	Dressings.	Scalings.
Temp.	Perm.	Temp.	Perm.		
174 26 2 50 56 166 96 21 666 149 19 17 72 31 77 29 101 59 56 313 184 103 202 149 40 107 27 182 230 68 19 56 301 106 34 121 184 97 91 95 13 37 132 45 30 6 26 266	49 2 1 22 7 31 13 3 14 21 30 12 8 5 2 26 3 14 109 63 24 56 34 9 2 6 85 56 4 44 53 46 66 43 26 4 16 4 28	1emp.	15 5 34 30 31 30 4 2 2 43 18 7 16 10 1 8 20 15 126 6 32 80 9 20 10 8 118 12 13 29 116 21 14 60 41 20 46 16 2 2 17 10 18 3 6 40		12 2 4 3 1 2 4 3 2 13 2 14 2 4 2 1 35 1 2 4 15 8 1 6 10 11 13 2 2 3 2 2 3 2 2 3 2 2
4,539	1,097	14	1,184	22	188

Mr. Somerville during the year was able to get over a much larger number of children than in the preceding year. Of the number of children found to be requiring treatment, however, only 19 per cent. were actually treated by Mr. Somerville, the actual number treated being 565 as compared with 427 last year. The temporary extractions were 891, as compared with 621 the previous year; permanent extractions 146, as compared with 143; and the permanent fillings 421, as compared with 325. Dressings and scalings were also considerably in excess of the previous year.

When the dentist makes his inspection of the teeth of school children a notice is sent to the parents of those requiring treatment. In a Burgh like Stirling, which is well supplied with dentists, a large number of the parents take their children to their own dentists, and that no doubt accounts for the percentages treated by the school dentist being small. If, as I have said on former occasions, all the school children requiring dental treatment were dealt with by the school dentists our staff would require to be considerably increased.

WHOLE-TIME DENTISTS' WORK. — In the case of Mr. M'Queen and Mr. Shearman the tables of work give the details of each school in their respective areas, as well as the totals in each area.

This year Mr. M'Queen inspected 7260 children, as compared with 8209 last year. The number found to be requiring treatment this year was 5959, as compared with 6958. This does not mean that Mr M'Queen has done less work this year. As a matter of fact the number of children who accepted treatment was 2255, or 37 per cent. as compared with 2124, representing 30.5 per cent. of those actually requiring treatment last year. It is very gratifying that of those requiring treatment the percentage this year of those accepting treatment increased by 6.5. The figures for extraction are much the same as in the previous year, but the chief point of interest is that there has been a considerable increase in the number of permanent fillings, the figure this year being 1367, as compared with 1110 the previous year.

In Mr. Shearman's area the tables show that 33 per cent. of the children examined and requiring treatment were actually treated by Mr. Shearman as School Dentist. The numbers treated were approximately the same as those dealt with by Mr. M'Queen. Temporary extractions amounted to 4539, permanent extractions to

1097, temporary fillings numbered 14, and permanent fillings to 1184. In addition there were 22 dressings and 188 scalings.

# NOSE AND THROAT.

Of the 8188 children examined in the routine age groups, 1840 were reported as having nasal catarrh, an increase of 2 per cent. on the previous year. Those with nasal obstruction numbered one-half per cent. more than last year. The figures with regard to enlarged tonsils are much the same as during the previous year, the markedly enlarged group being slightly less. In last report it was remarked that the all-round improvement with regard to conditions of the nose and throat was largely contributed to by the work of the special Ear, Throat and Nose Departments at the Falkirk Royal Infirmary and Stirling Royal Infirmary. The all-round improvement has been maintained, and the good work of the two Infirmaries has been continued, no fewer than 642 cases having been dealt with during the year at Falkirk Infirmary, and 273 at Stirling, a total of 915.

The operation for removal of adenoids and enlarged tonsils produces not only immediate results, but has in many cases a far-reaching effect on the physical and mental development of the child. In addition otorrhoea (middle ear disease) and catarrhal conditions of the nose, throat and respiratory passages which so often result from such throat conditions can in many cases be entirely

avoided if the operation is performed in time.

Mention was made in last year's report of the good which results from such co-operation between the County Health Department and the voluntary hospitals, and in my recent report on the various types of Hospital Accommodation in the County it was pointed out how this

co-operation could be usefully extended.

# NOSE AND THROAT.

Nasal tion         Other Lion         Slightly Lion         Markedly Lion         Probably Present Lion         Present Lion         Diseases           86         10         657         111         133         76            128         16         1255         220         302         121            1.6          19         15.3         2.6         3.7         1.5            27         3         128         9         38         50							
Other Diseases         Slightly Enlarged Enlarged Enlarged Enlarged Enlarged 557         Probably Present Present 100         Present 45           10 657 111 133 76         109 169 45         45           16 1255 15.3 220 302 121         3.7 121           3 128 9 38 50			Tox	SILS	ADE	KOIDS	Other
$\begin{array}{c ccccccccccccccccccccccccccccccccccc$	Nasal Catarrh	Nasal Obstruc- tion Disea		Markedly Enlarged	Probably Present	Present	Diseases
16 1255 220 302 121 .19 15.3 2.6 3.7 1.5 3 128 9 38 50	1028 812			111	133	76	
3 128 9 38	1840 22.4	-			302	121	::
	9			6	38	50	•

# LYMPHATIC GLANDS.

CERVICAL	Markedly Suppura- Cicatrices	51.4 51.65	95	-
	Palpably N	1367	2728 33.3	
	Cicatrices	:00	m 55	
CILLIARY		:::		• •
SUBMAXILLIARY	Markedly Suppura-	:-	10.	
	Palpably M	458 410	898	•
	No. Examined	Boys 4126 Girls 4062	Total Routine 8188 Percentages	Special Cases

## LYMPHATIC GLANDS.

The foregoing tables show that 10.2 per cent. of the children examined in routine inspection had submixillary glands slightly enlarged, while the percentage of those with cervical glands so enlarged was 33.3. These figures, although still somewhat high, are slightly less than was the case last year. It is to be noted that such slight enlargement simply represents some inflammatory condition of the mouth or throat, and that the glands will return to normal when the cause of the inflammation has been removed. There was only one child whose submaxillary glands were markedly enlarged and 6 with cervical gdands markedly enlarged, these numbers being smaller in each case than the previous year, and representing a very small percentage. No case was found with glands suppurating, but cicatrices were noticed in the case of three children with submaxillary glands and in 95 cases with cervical glands. A special case, however, was noted with cervical glands suppurating. The danger with these glands is when the inflammation becomes chronic which renders them liable to tubercular infection.

# EXTERNAL EYE DISEASE.

Examined No.	Blepha- ritis	Conjunc- tivitis	Corneal Opacity	Strabis- mus	Other Diseases
Boys 4126 Girls 4026	73 70	9 11	4 8	81 126	10 17
Total Routine 8188 Percentages	143 1.7	20 .24	12 .15	207 2.5	27 .3:3
Special Cases	35	11	6	56	14

The figures with regard to external eye disease are very much the same as in the previous year, the percentage with regard to blepharitis, conjunctivitis and corneal opacity being relatively low. The figures with regard to strabismus (squint) are 2.5 per cent., as compared with 1.9 the previous year. Corneal opacity is apt to interfere more or less with vision when situated over part of the pupil, and this condition very often results from blepharitis and conjunctivitis going untreated. Children with strabismus (or squint) are always brought before the school oculist at the earliest opportunity, so that the defect may be remedied as soon as possible.

Each year a number of children with strabismus under school age are dealt with by the school oculist under an arrangement between the County Child Welfare Committee and the County Education Committee.

# VISUAL ACUITY.

No. Examined	Good Vision	Fair Vision	Bad Vision	One Eye Defec- tive
Boys 4126	3386	369	262	109
Percentages	82.1	8.9	6.3	2.6
Girls 4062	3311	302	360	89
Percentages	81.5	7.4	8.8	2.2
Total Routine 8188	6697	671	622	198
Percentages	81.8	8.2	7.6	2.4
Special Cases	•••	87	692	59

Last year the general figure for good vision for boys and girls together was \$1.2 per cent. The figures under review show that the percentage of girls with good vision was only .6 less than was the percentage of boys. Last year the percentage in the case of the boys was 5 higher than that of the girls. The figures as between boys and girls this year, however, approximate much more closely. It will be noticed also that the number of girls with bad vision is 2.5 per cent. greater than in the case of the boys. Last year the difference was 2.6, practically the same. Every year, however, brings out the fact that the average vision of boys is better than that of the girls.

# EARS.

No. Examined	Otorrhœa	Wax	Other Diseases
Boys 4126 Girls 4062	94 92	64 49	3 3
Total Rontine 8188 Percentages	186 2.2	113 1.4	.07
Special Cases	63	15	7

The percentage of children found on routine examination with otorrhea is practically double that in the previous year. It is well known that scarlet fever, and especially measles, come in epidemic waves, and it is just possible that a larger proportion than usual of the children examined in routine inspection had suffered from one or other of these diseases, and possibly even both. Otorrhœa, or middle ear disease, may arise also from such conditions as adenoids and enlarged tonsils, but that ought to be a diminishing cause, as so many children have these inflamed conditions of the throat allayed by the removal of adenoids and enlarged tonsils at the two general Infirmaries in the County. No fewer than 113. children were found with wax in their ears, which tends to interfere in a greater or less degree with hearing, but by a little attention the wax can be easily removed.

### HEARING.

No. Examined	Good	Slightly Deaf	Markedly Deaf
Boys	4067 4018	38 28	21 16
Total Routine 8188 Percentages	8085 98.74	66	37 .45
Special Cases		73	9

The figures with regard to hearing work out at very approximately the same as in the previous year, those with good hearing numbering 98.74 per cent.; slightly deaf, .80 per cent.; and markedly deaf, .45 per cent., as compared with 98.6 per cent., .81 per cent., and .52 per cent. respectively the previous year. The figures with regard to children markedly deaf have shown a marked decline during the three immediately past years, being 97, 45 and 37 respectively. Such an improvement is what is to be expected as a result of the increased attention which is being given to adenoids and enlarged tonsils at the two Infirmaries in the County, through the action of the County Council.

## SPEECH.

No. Examined	Defective Articulation	Stammering
Boys 4126 Girls 4062	18 3	18 4
Total Routine 8188 Percentages	21 .25	22 .26
Special Cases	12	3

The table shows what is brought out from year to year, namely, that boys are much more liable to speech defects than are girls. Only 3 girls as compared with 18 boys were found with defective articulation, while 4 stammerers were found among the girls as compared with 18 boys.

# MENTAL CONDITION.

No. Examined	Backward Dull or	Mentally Defective
Boys 4126 Girls 4062	9 11	• • •
Total Routine 8188 Percentages	20 .24	•••
Special Cases	23	1

In routine inspection only 20 children were classified as being dull or backward, 9 boys and 11 girls, none being mentally defective. The reason why so few mentally defective children were found during the routine inspections in the ordinary schools is that such children are to a very large extent now grouped in Special Schools and taught in special classes by themselves. The education of the mentally defective group is now receiving a great deal of attention, and there is a proposal at present to build one large central school to serve the children in the eastern portion of the County. After experience has been gained it is the intention to build another serving the more central and western portions of the County.

# HEART AND CIRCULATION.

No. Examined	Organic Congenital	Disease Acquired	Functional Disease	Anæmia
Boys 4126	2 3	201	274	77
Girls 4062		185	242	65
Total Routine 8188	5	386	516	142
Percentages	.06	4.7	6.3	1.7
Special Cases	• • •	48	8	29

Organic disease of the heart is sub-divided into two groups—congenital and acquired. Five children were found with congenital disease, as compared with 2 the previous year. The number with acquired disease of the heart was 386, as compared with 366 the previous year, that is to say an increase of 20. That condition is usually a sequel of scarlet fever or some rheumatic condition. The intensity of the latter may vary from acute rheumatism with marked fever to nothing more than what are familiarly termed "growing pains." Both conditions unless they receive proper attention at the time are apt to leave the heart more or less disabled. That of course is an extremely serious handicap throughout life. Functional conditions of the heart are generally of a passing nature, and with proper tonic treatment they mostly disappear altogether.

# LUNGS.

No. Examined	Bron- chial Catarrh		Tuber-	Tuber- culosis Suspected	Other Diseases
Boys 4126 Girls 4026	210 229	4	1 3	5 6	8 7
Total Routine 8188 Percentages	439 5.3	5 .06	4 .()5	.13	15 .18
Special Cases	31		3	9	13

5.3 per cent. of the children examined had bronchial catarrh, mostly due to common colds, which as a rule readily yield to proper treatment. Five children were found with chronic bronchitis, and 4 with tuberculosis.

In 11 cases, however, tuberculosis was suspected, but could not be definitely diagnosed. Tuberculosis of the chest was suspected, but the clinical signs were not sufficiently pronounced to render the diagnosis absolute. It is to be remarked, however, that tuberculosis in children is much more hopeful than during later years. Fifteen children were found with other diseases of the chest, the most common cause here being asthma.

# NERVOUS SYSTEM.

No. Examined.	Epilepsy	Chorea		Other Nervous Affections
Boys 4126 Girls 4062	3 2	6 5	5 5	27 27
Total Routine 8188 Percentages	5.06	.13	10 .12	54 .65
Special Cases	3	2	3	5

In routine inspection 5 children were found with epilepsy, as compared with 3 the previous year; 11 with chorea (St. Vitus Dance), as compared with 6 the previous year; 10 with infantile paralysis, as compared with 8 the previous year; and 54 with other nervous affections, as compared with 53. It will be noticed that the figures remain very much the same.

# TUBERCULOSIS (NON-PULMONARY).

No. Examined	Gland- ular	Bones and Joints	Abdom- inal	Skin
Boys	- <del>- 7</del> - 7	2	24	1 2
Total Routine 8188 Percentages	14 .17	.02	6.07	.03
Special Cases	12	• • •	3	3

In the case of children found in routine inspection suffering from non-pulmonary tuberculosis, the figures under the four headings are respectively 14, 2, 6 and 3, a total of 25, as compared with the previous year's figures of 19, 4, 15 and 3, a total of 41. For years past

quite a large number of children suffering from non-pulmonary tuberculosis have been treated with excellent results in the County Hospitals at Bannockburn and Camelon respectively either as indoor patients or outdoor, the latter usually by means of ultra-violet radiation, each of the Hospitals having an ultra-violet installation. Other cases also have been dealt with in the surgical wards at Stirling and Falkirk Royal Infirmaries.

# RICKETS.

No. Examined	Slight	Marked
Boys	$\begin{array}{ c c }\hline 27\\ 15\\ \end{array}$	··i
Total Routine 8188 Percentages	42 .51	.01
Special Cases	•••	3

This year the number of cases reported as suffering from rickets in routine inspection is 43, as compared with 31 the previous year. This is the first time for several years to show an increase, there having up till now been a progressive improvement from year to year. One would expect that such an improvement would continue in view especially of the improved environmental conditions and of our greater knowledge of the causes, prevention and treatment of this disease.

# DEFORMITIES.

No. Examined	Congenital	Acquired (Non-Rhachitic)
Boys	7 9	37 18
Total Routine 8188 Percentages	16 .19	55 .67
Special Cases		10

Sixteen children were found in routine inspection with some congenital deformity, and in addition 55 were found with some acquired deformity not due to rickets. These figures are somewhat smaller than in the previous year.

# INFECTIOUS DISEASES.

No. Examined	Whoop- ing Cough	Measles	Diph- theria	Mumps	Chicken- pox	Scarlet Fever
Boys 4126 Girls 4062	4 3	2 2	¨ï	1	3 7	1
Total Routine 8188 Percentages Special Cases	.08	.05	.01	.01	.10 .12	.01

In routine inspection, 7 children were found suffering from whooping cough, 4 from measles, I from diphtheria, I had mumps, Io had chickenpox, and I had scarlet fever. It is somewhat difficult to believe that such a thing is possible. The total this year is 24, as compared with 28 the previous year. Those found so suffering were of course excluded from school. Chickenpox for a considerable time has been fairly prevalent, and is now one of the compulsorily notifiable infectious diseases. Not that this is a dangerous disease, but that mild cases of smallpox are sometimes mistaken for chickenpox.

# OTHER DISEASES AND DEFECTS.

No. Examined	Hernia	Enuresis	Enlarged Thyroid	Others
Boys 4126	11 7	12	8	84
Girls 4062		28	20	74
Total Routine 8188 Percentages	18	40	28	158
	.22	.48	.34	1.9
Special Cases	2)	6	1	37

Among the children in routine inspection 18 were found with hernia, as compared with 25 the previous year, 40 were found with enuresia, as compared with 37 the previous year, and 28 with enlarged thyroid, as compared with 18 the previous year. Again it is to be noted that enlarged thyroid is much more prevalent among girls than among boys.

# SPECIAL SCHOOLS OR CLASSES.

DEFECTIVE OR INVALID CHILDREN. — At the monthly meetings of the School Medical Committee reports from my Department on defective and invalid children form an important part of the business. Mentally defective children are divided into two categories—educable and non-educable, the educable forming by far the larger class are dealt with by the Education Committee, while the non-educable are reported to the Public Assistance Committee for their attention, both of these Committees now being Committees of the County Council.

Defective children are divided into mentally and physically defective, and Special Classes have been in existence for some years at Stirling and Larbert, the children being mostly of the mentally defective group. There used to be a class at Kilsyth, but as the numbers became very low the class was discontinued, and children from the Kilsyth area are now conveyed to and from the

Special Class at Larbert.

Unfortunately the Committee have not yet been able to arrange for classes of children suffering from myopia, but provision for these unfortunate children is being kept in view. These are to be regarded as physically not mentally defective, and, in fact, many of these myopic children are highly intelligent.

Dr. Rutherford reports as follows regarding the

Special Class at Larbert Village School:

"I have paid several visits to the Special Classes in

Larbert Village School throughout the past session.

"There are now 59 pupils on the roll of the Special Classes. This is only one under the regulation number for the number of teachers employed in this work, so that unless several pupils should leave school there will be few vacancies for admission during next session. Four class-rooms have now been given over to the accommodation of these pupils, one being used as a dining-room. No more rooms are available in school, so that the number of classes cannot be increased.

"Miss Taylor teaches the physically defective children. There are 13 in this particular class. Naturally, most progress is made by the pupils in this class; but, as I have already pointed out in former reports, the work is seriously handicapped owing to the variety of defects, as well as on account of the varying ages and stages of

progress of the pupils.

"One child had to be permanently excluded from the class owing to heart disease of congenital origin—but he is being taught at home.

"The following is the list of children attending this class:—

1. F. 15 years. Amputated leg.

2. F. 9 years. Birth paralysis affecting arms, legs and speech.

3. M. 12 years. Myopic child; requires special

teaching.

- 4. F. 9 years. Keratitis; unable to do close work.
- 5. M. 10 years. Had spine disease.

  All of these children had prolonged
- 7. M. 14 years. Had spine disease.
  8. F. 15 years. Had spine disease.
- 9. M. 12 years. Congenital heart disease.
  10. F. 13 years. At present in Hospital.

11. M. 9 years. Deaf. Brothers.

13. M. 9 years. Undersized, Had rickets. Subject to bronchitis.

"A perusal of this list will explain the difficulties presented by such a variety of defects.

"The two deaf brothers are making some progress, but these boys would make much more rapid progress in an Institution for the Deaf and Dumb. Unfortunately, the parents refuse their consent to the children being admitted to such an Institution. The elder boy now lipreads and speaks. He is able to read aloud also. The younger boy is beginning to lip-read, and executes commands, but he cannot speak yet. These children require individual tuition, and it is quite impossible for the teacher to devote more than a fraction of the necessary time to them, otherwise the rest of the class would be neglected.

"The two children with defective eyesight also require different methods of teaching. The others are at different stages, and it is to the teacher's credit that the pupils

as individuals are improving.

"Miss Stewart has taken the older and higher grade mentally defective children, while Miss M'Kinnes has the younger ones in addition to the 'ineducable 'pupils. As I have already stated in former reports, the inclusion of these 'ineducable' children is to be deprecated. It hampers the work, and is a very unsatisfactory arrangement, and is especially unsatisfactory now that there is likely to be difficulty in finding places for new admissions.

"The girls are having lessons in cookery, housewifery

and sewing. The sewing is of a practical nature, including dressmaking, making of underclothing, patching and darning. Handwork is also taught, and forms a large part of the work of these classes.

"The boys, unfortunately, have less scope for their energies apart from the above-mentioned handwork. Gardening, carpentry or woodwork would be useful addi-

tional subjects if these could be made available.

"Dinner is provided, the menu being varied and quite

satisfactory.

"The provision of a simple couch with rug and pillow would be welcomed, and is indeed a necessity. One of the bigger boys occasionally takes fits, and he is drowsy for a considerable time afterwards. There is no means of laying him down comfortably. A couch would also be useful on occasion for the heart or spinal cases.

"I was present at the closing ceremony and concert given before the summer vacation. The performances dancing, action songs, etc., were very creditable — all exemplifying the work taught throughout the session."

Of the Special Class at Craigs School, Stirling, Dr.

Riddell writes:—

Intelligence Quotients as found by the Binet-Simon Tests.

34				
Commence of the Commence of th	June, 1931	952528932		
Intelligence Quotient	May, 1930	&£-78.20 % : : : : : : : : : : : : : : : : : :		
	March, 1929	35 25 25 25 35 35 35 35 35 35 35 35 35 35 35 35 35		
	On Admission	66 66 60 60 68 60 60 60 61		
	Date of Admission	26/10/25 17/4/28 8/1/29 8/1/29 3/3/30 25/8/30 6/1/31 6/1/31 6/1/31		
	Date of Birth	20/7/19 26/11/21 26/11/21 29/1/18 11/23 8/6/17 23/8/19 2/3/21 1/6/21 1/6/21 1/7/2/23		
	Pupil	M. K. K. H. T. M. G. M. C. M.		

"The above table gives the relative facts concerning all the pupils in the Special Class. Six of the pupils have joined the Class within the past year, and the I.Q.'s given under the 'admission' column are those found when the tests were performed in the ordinary school. On the whole, the new admissions have improved greatly, and well repay the additional labour and expense involved in their special tuition.

"M. K.—Female. The standard of this girl's work varies somewhat. She takes a keen interest in practical work at which she is quite capable. She is now 14 years of age, but is returning to the school until she can find

suitable employment.

"W. K.—Male. This is a brother of M. K. His mental age appears to be unchanged since last year, and this accounts for the lowered I.Q. Despite this he is becoming more at home with the ordinary class work.

"J. M'F.—Male. This boy is, I think, ineducable. There is no probability of his mentality becoming any greater, but his general behaviour is much improved

within the past year.

"J. M'L.—Male. This boy's I.Q. has fallen this year, but this is probably entirely due to illness. He has been off school for a considerable time, and is not yet physically recovered. He should make up again when

stronger.

"H. T.—Male. This boy maintained silence for 9 months after being admitted to the class, although he would speak with his playmates outside. He then gradually improved, and now speaks freely. His behaviour in class is good, but his memory appears to be exceedingly defective. He should improve.

"T. M'G.—Male. This boy was transferred to the Special Class from the Riverside School in August, 1930. Mentally, there has been no change. Physically, he is not robust. He is now 14 years of age, and is leaving

at the end of this month.

"J. G.—Male. This boy was also transferred from the Riverside School in August, 1930. He has improved steadily, but is still very inattentive at times. While his knowledge of language is fair he 'has no head for

figures.'

"D. M.—Male. This boy had a relatively high I.Q. on admission from Cowie School in January, 1931, and since then it has gone up enormously. His general appearance and behaviour have so far not risen accordingly. He has a dreamy expression, and gives one the

impression that if he could only 'waken up' he would

be almost normal.

"R. C.—Male. This boy was transferred from Cowie School in January, 1931. He tries very hard, and has improved markedly, but he has still a considerable way to go. His behaviour is good.

"R. W.—Male. Also transferred from Cowie in January, 1931. He appears unable to appreciate the significance of different words and figures. It is doubtful

if he will improve any further.

"T. G.—Male. This boy was transferred from Bannockburn School in January, 1931. At that time he was mischievous, wilful and vicious towards other children. This has now largely disappeared, though he occasionally shows vicious tendencies. The speech defect from which he suffers is improving steadily. Altogether, he is quite

a promising pupil.

"The class during the past year has been held in a room in the Albert Hall, but it is hoped that special accommodation will be provided in the reconstructed Craigs School in the near future. This would greatly facilitate the work, and if the class continues to increase in numbers as it is likely to do, it will be absolutely necessary. The practical work of the class is well carried out, and, all over, Miss Swan is to be congratulated on the results she is achieving."

### ARRANGEMENTS FOR PHYSICAL EDUCATION AND PERSONAL HYGIENE.

The Medical Inspectors keep in close touch with the routine work of the Physical Instructors.

Of this branch of work Dr. Findlay writes:-

"The physical training in the schools in my district continues to be carried out in the same excellent manner as in former years, and with the same beneficial results. The pupils are instructed in all forms of exercises, e.g., leg, arm and trunk exercises, vaulting, climbing, running, jumping, etc. Indoor and outdoor games are also taken part in, which induce alertness, agility and confidence, and also tend to develop team spirit. By those means all the muscles of the body are kept supple and strengthened, and the general health and wellbeing of the pupil is improved. Dancing, which includes country dances, folk and Morris dancing, is also taught. Those dances are very well and gracefully carried out by

the various classes. The exercises mentioned above form the chief part of the physical training, but Mr. Brown (who has succeeded Mr. Reid as physical instructor) is also introducing rhythmical exercises as prescribed by Herr Neils Butch, the Danish authority on physical training. The whole system of the physical training reflects the greatest credit on the physical instructors. As usual, care is taken to see that no child is given drill who is not physically fit for it.

"At Kilsyth Academy the physical instruction is now given in the Institute Hall, the Burngreen having had to

be vacated.

"At Lennoxtown the gymnasium hall is modern and very good, but the apparatus is not yet complete."

Dr. Rutherford reports as follows: -

- "There is little to add to my former reports on the physical instruction in Falkirk, Stirling and Redding High Schools.
- "The work in these schools is in capable hands, and the teachers and pupils alike are to be congratulated on the excellent standard which is reached.
- "In Falkirk High School I saw Miss Macdougall's pupils performing exercises with and without apparatus, and in addition I saw Morris and folk dancing. Exercises were varied and the pupils were keen.
- "Mr Miller, as usual, produced something new in the performance of stiff wall-bar exercises. He has now managed to have all the boys, excepting those of the first year, dressed in gymnastic strips. This greatly enhances freedom of movement.

In performing exercises the time-keeping of both boys and girls was excellent. Movements were executed with precision and alertness, and as a spectator I felt that the pupils entered the gymnasium with the joyful anticipation of a half-hour's good work.

- "At Redding High School I was able to see both boys and girls at work. Routine exercises were well performed, and the girls danced an Irish Jig with vigour. The boys also played net-ball in the playground. The instructress here is to be congratulated on her results in spite of the lack of facilities for more varied work.
- "At Stirling High School during the session I have inspected at intervals the pupils who are taking remedial exercises. This still continues to be an important part of Miss Jarvis's work. Pupils having modified drill were

also inspected and advised as to whether they should continue modified exercises or revert to full programme. Several pupils with round shoulders have benefited greatly from Miss Jarvis's remedial exercises, which is very gratifying.

"A class of girls was inspected at routine physical instruction. The girls performed the exercises with the usual excellence, and they also danced a country dance gracefully. The exercises chosen were varied, and it was a pleasure to see the classes at work."

In Dr. Riddell's report, he states that:—

"At the Riverside School I saw the first year pupils performing their ordinary routine physical instruction. This comprised both ordinary drill and apparatus work, and was of such a type as to exercise thoroughly all the muscles of the body with resulting good balance and carriage. The exercises were given in such a manner as to keep up the interest, and the pupils performed them with marked enthusiasm. I also saw the older girls performing Morris, Swedish and Russian Dances. These were excellently done, with much grace. Miss Symington, the instructress, is to be specially complimented on this as the amount of training involved is considerable, and is done entirely after school hours. Enquiry revealed that while instructions were given regarding special exer cises to pupils suffering from various defects, reliance had to be placed on these exercises being performed at home. I think it would be a great advantage if even a short period each day could be set aside for these pupils to perform the exercises under the direct supervision of the instructress.

"At Stirling High School I saw two classes of boys taking their physical instruction under Mr Murray. A large part of the time is spent in games, which, besides requiring smartness, need some thought on the part of the pupils. This is of value in that it encourages mental alertness in conjunction with physical smartness. The pupils all showed great keenness, and enjoyed their drill thoroughly. The junior pupils have occasional use of the apparatus. As elsewhere, special attention is paid to pupils requiring remedial exercises for the correction of some deformity, but the time allowed for this special work could well be increased.

"The type of instruction given at Grangemouth High School is similar to that in Stirling, and the pupils, both boys and girls, are very keen. There is one point which might be improved however. In this school, which takes pupils up to the stage where they leave for the University, many of the senior boys have almost reached full physical development. Several of them are over six feet in height, and strongly built. I think that for pupils such as these it would be better if there were a male physical instructor, as in Stirling High School. I also saw an advanced division class of girls from the Grange School taking instruction in the High School. They performed various Morris Dances in a graceful manner, which reflected credit on their teacher, Miss Melville. Although Miss Melville has taken special instruction in remedial exercises, there is here, as in the other schools, insufficient time allotted to this very important branch.''

TABULAR STATEMENT OF NURSES' FOLLOW-UP WORK, 1930-31.

Various Defects and Diseases	504	504
Number of Cases of Dirt and Vermin	348	348
Number of Cases of Nose, Throat, Ear, and Mouth	1170	1170
Conditions	1968	4285
Number of Visits Paid	1794 3815	5609
Number of Children Awaiting Visits	2955	269
Number of Children Reported	1858	4175
	(a) Ordinary Routine Work	Totals

#### NURSES' WORK.

The foregoing statement shows in tabular form the follow-up work which has been accomplished by the nurses during the year. The table seems almost self-explanatory, but unless careful scrutiny is given to it, the work of the nurses might appear somewhat unimportant. That is far from being the case. Indeed, but for the very detailed attention given by the nurses during their follow-up work many of the defects found on School Medical Inspection would go untreated. Parents nowadays are more alive to having defects treated at as early a stage as possible, but there is still too large a proportion of parents where repeated visits from the nurses are required before the desired end is obtained. In their difficult work there is much scope for the exercise of patience and tact.

THOMAS ADAM, Chief School Medical Officer.

#### APPENDIX.

As mentioned under "Nutrition" in the foregoing Report, the Medical, School Attendance, etc., Committee of the County Education Committee asked me at the beginning of 1931 to make a report with regard to the physical condition of the school children in Stirlingshire. A copy of that report is appended:—

REPORT BY DR. ADAM, COUNTY MEDICAL OFFICER, WITH REGARD TO THE PHYSICAL CONDITION OF SCHOOL CHILDREN IN STIRLINGSHIRE.

In accordance with the remit from the Medical, etc., Committee of the County Education Committee, I have to report as follows:—

Consideration of the question of the physical condition of the school children of the County has formed an extremely important part of each of my annual reports on the Medical Inspection and Treatment of School Children.

The results of medical inspection have indicated that the physical condition of the County school children has, with few exceptions, been of a very satisfactory

Among all the items bearing on physical condition, possibly the figures with regard to "Nutrition" give the clearest indication.

I have taken these figures out for the past ten years, and have tabulated them as follows:—

			Percentages				
Year	No. Examined	Above Average	Average	Below Average	Very Bad		
1920-21 1921-22 1922-23 1923-24 1924-25 1925-26 1926-27 1927-28 1928-29 1929-30	11751 8295 8277 8910 8374 8552 8769 8635 8609 8600	50.5 62.9 47.5 53.9 57.7 55.8 56.6 59.5 58.8 57.4	45.9 35.3 49.6 43.2 39.9 42.2 41.3 38.2 38.3 40.9	3.4 1.7 2.7 2.9 2.4 1.9 2.1 2.3 2.9 1.6	.01		

During the war years, as might be expected, the results with regard to nutrition reached their lowest ebb, and, indeed, indicated a very serious state of affairs.

Even during the year 1920-21, as seen in the table, as many as 3.4 per cent. of the children in routine inspection were found to be "below average" nutrition, indicating that the effects of the trying times of the war had not yet passed off. It is to be noted, however, that in that year only one child in 10,000 was classified as "very bad" with regard to nutrition.

Since then the figures for children with nutrition "below average" have been consistently under 3 per cent., and the number found with nutrition "very bad" has been at the rate of less than one in 10,000.

The full figures for year 1929-30 show that of 8600 children in routine inspection 57.4 per cent. were classified as "Above Average" nutrition, 40.9 per cent. as of "Average" nutrition, and only 1.6 per cent. "Below Average" nutrition.

Rickets is regarded, and rightly so, as a disease of malnutrition, due to one cause or another, and mostly found affecting the younger children.

During the war years there was a distinct rise in the numbers found to be suffering from this condition.

The figures indicating the results for the past ten years have been tabulated as follows:—

	No.		Percentages	
Year	Examined	Slight	Marked	Total
1920-21	11751	1.26	.18	1.44
1921-22	8295	1.48	.13	1.6
1922-23	8277	1.3	.13	1.42
1923-24	8910	.64	.21	.85
1924-25	8374	.26	.14	.41
1925-26	8552	.50	.09	.59
1926-27	8769	.54	.04	.58
1927-28	8635	.58	.03	.61
1928-29	8609	.39	.07	.46
1929-30	8600	.33	.03	.36

These figures are extremely interesting. As already stated, this disease shows its most marked manifestations in the younger children, and the table shows that the evil results of the war years in these young children were projected into the years 1920-21, 1921-22 and 1922-23, and it was only afterwards that amelioration was observed. Since then the disease has tended generally to be less prevalent, and in 1929-30 had fallen to 0.36 per cent., the lowest since the war.

The records with regard to "Height" and "Weight" are also valuable as affording evidence as to physical condition, and in this connection it may be said that our statistics have always compared very favourably with the anthropometric standard figures.

All these results bearing so favourably on the question of the physical condition of our school children are really what might be expected from a consideration of the general health statistics of the County.

The figures relating to the four years 1926-27-28 and -29 have been taken out with regard to (1.) the general death-rate, (II.), the infantile mortality, and (III.), the tuberculosis death-rate, and in each case these are compared with the statistics for Scotland as a whole.

I.—The General Death-Rate, that is, Deaths per 1000 population.

Year.	Stirling County.	Scotland.
1926	10.9	13
1927	11.3	13.4
1928	11.6	13.3
1929	12.0	14.5

II.—The Infantile Mortality, that is, Deaths under One Year per 1000 Births.

Year.	Stirling County.	Scotland.
1926	70	83
1927	60	89
1928	71	86
1929	61	87

III.—The Tuberculosis Death-Rate, that is Deaths from Tuberculosis per 1000 of population.

Year.	Stirling County.	Scotland.
1926	0.64	0.99
1927	0.70	1 00
1928	0.77	0.97
1929	0.60	0.94

The three foregoing tables are easily followed; and in the first it will be noticed that the general death-rate is on the average two less per 1000 of population in Stirling County than in Scotland as a whole.

It is to be noticed in the second table that out of every 1000 babies born in Stirling County, 21 more on an average are living at the end of the first year of life than survive at the end of a year out of 1000 babies born in Scotland as a whole.

The third table shows that the average death-rate for the four years from tuberculosis in Scotland as a whole is 44 per cent. greater than in Stirling County. For the

year 1929 it is really 56 per cent. greater.

The fortunate position indicated by the results of Medical Inspection with regard to the physical condition of our school children would appear to be much on a par with the general well-being of the County population as a whole.

Mr. Coutts Morrison and I suggested that milk feeding might be tried in a limited area and the results carefully observed. It was considered, however, that such a course was unnecessary in view of the full reports which were available of such experiments carried out on a large scale in other areas.

COUNTY BUILDINGS, STIRLING, 6th January, 1931.

# ANALYSIS OF ROUTINE MEDICAL INSPECTION

### TABLE I.—ANALYSIS OF THE RESULT

#### BOYS.

	5 Age-C	roup	9 Age	e-Group
Conditions Found	No. of Chil. dren	per	No. of Chil- dren	
Number Examined  *Poorly Nourished Verminous Head Dirty Body Carious Teeth { *5 and over  *Mouth Breathing  *Enlarged Tonsils  *Adenoids  *Markedly Enlarged Glands  *External Eye Disease  *Defective Vision } One Eye  *Both Eyes.  *Ear Disease  *Defective Hearing  *Defective Speech  *Mentally Defective  *Abnormal Condition of Heart  *Abnormal Condition of Lungs  *Chorea  *Other Nervous Diseases  *Tuberculosis { Pulmonary Other Forms  *Rickets  *Deformities  *Skin Diseases  *Infectious Diseases  *Anæmia  *All Other Diseases or Defects.		1.3 .06 .13 .41.48 34.06 1.64 21.7 2.08 .06 2.7 Not mined 1.9 .54 1.02 .13 10.2 7.4 .13 1.3        	1441 14  3 728 256 42 269 18 1 77 52 140 106 27 10 2 166 95 4 8  6 13 13 30 3 16 42	
Unvaccinated Children Mothers Employed Away Children Employed Clothing—Not Satisfactory Footgear—Not Satisfactory Parents Present Consumption in Family Already under Medical Attention No. of Defective Children (i.e., with Conditions marked thus*)	712 16  4 4 795 10 7	.27	637 17 4  3 415 9 5	44.2 1.17 .27  28.7 .63 .34 60.86

### OF ROUTINE MEDICAL INSPECTION, 1930-31.

BOYS.

13 Age	-Group	16 Age-Group		Total Combined Ages		6 Age-Group bined Ages Rat		Ratio per
No. of Chil- dren	Ratio per cent.	No. of Chil- dren	Ratio per cent.	No. of Chil- dren	Ratio per cent.	cent. for 1929- 1930		
1100 12 1 3	1.1 .09 .27	126		4126 46 2 8	1.1 .05 .19	1.4 .11 .27		
533 52 34 177 13	48.5 1.7 3.1 16.1 1.2	7  5 	42.1 5.5  3.9	1919 812 100 768 76 2	46.5 19.7 2.4 18.6 1.8	47.7 21.5 1.8 16.6 1.9		
39 47 114 25	3.5 4.3 10.4 2.3	6 10 8 1	4.8 7.9 6.4 .79	177 109 262 161	.05 4.3 2.6 6.3 3.9	.2 4.3 2.1 7.7 1.8		
24 11 4 136 24	2.2 1.0 .36 12.4 2.2		 .79 19.8	59 36 9 475 227	1.4 .87 .21 11.5 5.5	1.5 .49 .42 9.1 4.3		
5 1 3 5	.45 .09 .27 .45	3 	2.4	6 35 1 13 27	.14 .85 .02 .31	.07 .80 .04 .51		
17 26  16 13	1.5 2.4 1.4 1.2	1  1 2	.79  .79 1.6	44 112 10 77 115	1.1 2.7 .24 1.9 2.8	1.5 2.2 .2 1.5 2.5		
482 24 126	43.8 2.2 11.4	22 3 3	17.4 2.4 2.4	1853 60 133	44.9 1.4 3.2	42.9 1.7 3.1		
3  49 12 8	27  4.5 1.1 .17		2.4 2.4 2.4 .79	7 7	.16 .16 30.6 .82 .50	.14 .11 27.9 .82		
		56			63.4			

## TABLE II.—ANALYSIS OF THE RESULTS OF GIRLS.

	5 Age-Group	9 Age-Group
Conditions Found.	No. of Ratio Chil- per dren cent.	No. of Ratio Chil. per dren cent.
Number Examined  *Poorly Nourished Verminous Head Dirty Body  Carious Teeth { 1-4     *5 and over.  *Mouth Breathing     *Enlarged Tonsils  *Adenoids  *Markedly Enlarged Glands  *External Eye Disease  *Defective Vision { One Eye     Both Eyes  *Ear Disease  *Defective Hearing  *Defective Speech  *Mentally Defective  *Abnormal Condition of Heart  *Abnormal Condition of Lungs  *Chorea  *Other Nervous Diseases  *Tuberculosis { Pulmonary     Other Forms  *Rickets  *Deformities  *Skin Diseases  *Infectious Diseases  *Anæmia  *All other Diseases or Defects	1470 34 2.3 12 .81 3 .20 598 40.6 545 37.1 20 1.3 308 20.9 21 1.4 5 .34 91 6.1 Not Examined 18 1.2 13 .88 2 .13 136 9.2 149 10.1 3 .20 13 .88 7 .47 6 .40 8 .54 61 4.1 11 .74 28 1.9 64 4.4	$\begin{array}{ccc} 3 & .21 \\ 21 & 1.5 \end{array}$
Unvaccinated Children Mothers Employed Away Children Employed Clothing—Not Satisfactory Footgear—Not Satisfactory Parents Present Consumption in Family Already under Medical Attention No. of Defective Children (i.e., with conditions marked thus*).	696 47.3 17 1.2 1 .06 772 52.5 1 .06 7 .47 961 65.4	527 36.6 13 .90

### ROUTINE MEDICAL INSPECTION, 1930-31.

### GIRLS.

13 Age	-Group	16 Ag	e-Group	Total bined		Ratio
No. of Chil- dren	Ratio per cent.	No. of Chil- dren	Ratio per cent.	No. of Chil- dren	Ratio per cent.	cent. for 1929- 1930
1061 18 2 3 479 65 19 157 10	1.68 .18 .28 44.2 6.12 1.71 14.78	93   28 7  5	30.1 7.52 5.37	4062 83 16 10 1846 914 56 707 45	2.06 .39 .24 45.4 22.2 1.37 17.4	1.98 .58 .41 48.4 20.5 .99 16.7
56 139 171 19 13 5 6 109	5.32 13.1 16.11 1.79 1.22 .46 .57 10.27	5 5 10 1 2 	5.37 5.37 5.37 10.75 1.07 2.15 	5 232 89 360 144 44 7 11 430	1.1 12 5.71 2.19 8.86 3.54 1.08 .19 .26 10.58	1.5 .07 4.6 1.7 10.3 1.3 1.2 .33 .19 8.6
12 2 6 1 5 3 16 26	1.12 .18 .57 .09 .46 .28 1.51 2.45			243 5 34 3 13 16 27 107	5.98 .12 .83 .07 .32 .39 .66 2.63	4.3 .07 .67 .05 .43 .38 .77 2.4
1 16 26	.09 1.51 2.45	2 1	2.15 1.07	14 65 129	.34 1.1 3.17	.46 1.6 2.6
426 18 10	40.15 1.69 .94	24 2 	25.8 2.15 	1781 51 12 1	43.84 1.25 .29 .02	43.3 1.7 .43 .09
78 7 11	7.35 .65 1.03	 3 1	3.22 1.07 	$     \begin{array}{r}                                     $	33.97 .54 .61	.12 30.3 .63 .43
546	51.9	43	46.23	2405	59.2	54.7

## TABLE III.—ANALYSIS OF THE RESULTS OF ROUTINE MEDICAL INSPECTION, 1930-31.

### TOTAL COMBINED AGES AND SEXES.

Conditions Found	No. of Children	Ratio per cent.	Ratio per cent. for 1929-30
Number Examined  *Poorly Nourished Verminous Head Dirty Body Carious Teeth { 1-4     *5 and over  *Mouth Breathing     *Enlarged Tonsils  *Adenoids  *Markedly Enlarged Glands  *External Eye Disease  *Defective Vision { One Eye     Both Eyes  *Both Eyes  *Defective Hearing  *Defective Speech  *Mentally Defective  *Abnormal Condition of Heart  *Abnormal Condition of Lungs  *Chorea  *Other Nervous Diseases  *Tuberculosis { Pulmonary     Other Forms  *Rickets  *Deformities  *Skin Diseases  *Infectious Diseases  *Anæmia  *All Other Diseases or Defects	8188 129 18 18 3765 1726 156 1475 121 7 409 198 622 305 103 43 20 907 470 11 69 4 25 43 71 219 24 142 244	1.57 .21 .21 .45.9 21.07 1.9 18.01 1.47 .09 4.9 2.4 7.59 3.72 1.25 .52 .24 11.07 5.74 .13 .84 .04 .3 .52 .87 2.68 .29 1.34 2.97	1.69 .34 .34 48.1 21.1 1.4 16.6 1.7 .14 4.4 1.9 8.9 1.6 1.3 .42 .31 8.86 4.43 .07 .74 .05 .48 .36 1.1 2.3 .33 1.5 2.5
Unvaccinated Children Mothers Employed Away Children Employed Clothing—Not Satisfactory Parents Present Consumption in Family Already under Medical Attention No. of Defective Children (i.e., with Conditions marked thus*).	3634 111 145 8 7 2642 56 46 5023	44.38 1.55 1.77 .09 .09 32.1 .68 .56	43.1 1.7 1.8 .12 .12 29.4 .67 .42 54.8

### TABLE IV.—ANALYSIS OF THE RESULTS OF NON-ROUTINE MEDICAL INSPECTION, 1930-31.

Conditions Found	No. of Children
Number Examined Number Entered on Card *Poorly Nourished	. 4612
Verminous Head	15 20
*('arious Teeth (5 or over)  *Mouth Breathing  *Enlarged Tousils	4 16 137
*Ionsilitis *Adenoids	. 50
*Enlarged Glands*Other Defects of Nose and Throat	. 11
*External Eye Disease *Defective Vision (One Eye), (Both Eyes)	. 122 . 59 . 692
*Ear Disease* Defective Hearing	
*Defective Speech *Mentally Defective *Abnormal Condition of Heart	. 24
*Abnormal ('ondition of Lungs *Chorea	. 2
*Other Nervous Diseases  *Tuberculous   Pulmonary   Other Forms	. 11 . 3
*Rickets*Deformities	. 3 . 10
*Skin Diseases *Infectious Diseases *Anæmia	. 111
*General Debility *All Other Diseases or Defects	. 9
Parents Present	205
Already under Medical Attention Clothing—Not Satisfactory Footgear—Not Satisfactory	. 19 . 11 . —





